[Your company name and logo]

Risk Assessment and Method Statement

RAMS for a defined task on site

Project		**Task or activity**	
Contractor		**Location on site**	
RAMS ref and revision		**Prepared by**	
Start date		**Duration**	

1. Scope of the task

[What is being done, where, by whom and with what plant and materials.]

2. Sequence of work

Step	Activity	Controls at this step

3. Risk assessment

Hazard	Who could be harmed	Risk before (L x S)	Control measures	Risk after (L x S)

4. People, plant and equipment

Supervisor	

Number of operatives	
Competence and training required	
Plant and equipment	
Permits required	
PPE required	

5. Emergency arrangements

[First aid, rescue plan where relevant, emergency contacts and the nearest hospital.]

6. Briefing record

Name	Company	Signature	Date

Sign off

Role	Name	Signature	Date
Prepared by			
Reviewed by (Principal Contractor)			

Check the clauses, periods and requirements in your own contract and procedures before use. This template is general guidance, not legal advice.